



THE 3+3 COLLAGE FORMULA

Create stronger collages
with fewer materials & clearer decisions.

TOO MANY PAPERS = TOO MANY OPTIONS

Many collage artists don't struggle with creativity.
They struggle with too many options.

That leads to:

- overwhelm & overthinking
- visually busy compositions
- unclear focal points
- starting and restarting
- fear of gluing down
- not knowing when a collage feels "finished"
- frustration with the process and the result



*What if my 3+3 method could help you
simplify your creative process, make clearer
visual decisions and fully enjoy collage?*

1. LIMIT YOUR PAPERS

Too many choices create visual clutter.

→ Reduction creates clarity.

By limiting your paper choices, you give yourself a clearer starting point – and your composition more visual focus.



2. CREATE ONE FOCAL POINT

The eye needs a place to go first.

Give the eye a visual anchor point – a clear place to start. Choose a motif intuitively and let it guide your composition.

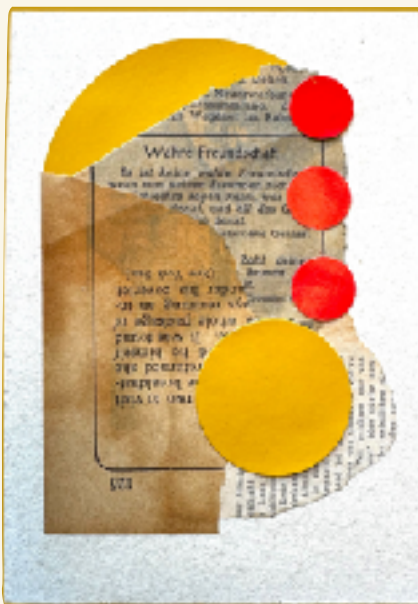


3. CREATE RHYTHM

Repeat shapes to guide the eye.

You can create visual balance by repeating dots or other bold elements. Repetition creates movement, rhythm and contrast.

Move elements around and experiment with different placements. Finding the right balance is often the most satisfying part of the collage process.



THE 3+3 FORMULA

3 neutral papers

old book pages · music sheets · vintage text ·
soft textures

+ 3 color papers

magazine pages · one color family · similar
tones · repeated shapes

+ 1 clear focal point

a shape, image, contrast, word or detail where
the eye stops first



TRY THIS MINI EXERCISE

1. Pick 3 neutral papers.
2. Pick 3 papers from one color family.
3. Make one small collage in 15 minutes.
4. Don't overthink.
5. Arrange the papers until the composition feels balanced.
6. Ask yourself: Where does the eye go first?



THIS IS ME



I'm Birthe Çil,
mixed media and collage artist and teacher
based in Bremen, Germany.

I create intuitive collages
using vintage and found paper.
I teach collage workshops online and in person.

I believe limitation creates clarity.
My approach combines intuition,
visual balance and simple design principles.

STUDENT FEEDBACK

"It was the perfect pace and content for me."

"Your 3+3 method, design tips, and glue techniques were everything I needed to get started."

Cathy H. from Memphis, USA

"I enjoyed the workshop a lot and it indeed helped me to just create, without overthinking."

"With your method I can let shapes and colors guide me and simply create."

Catherine C. from Brussels

"I enjoyed every minute of it! The theory was enlightening and has helped me make sense of why pieces work well (and don't!)."

"Your practical tips are so helpful - I am truly inspired to continue creating."

Claire H. from Manchester, UK

READY FOR THE NEXT STEP?

Join my live online collage workshop

- small international groups
- live guidance & personal feedback
- recording + PDF guide included
- supply list included
- intuitive collage methods
- composition + visual principles



See upcoming workshops:
artoderartig.de/online-workshops